

Foreword

Hello!

This is Pam Andrews. Well, I have finally fulfilled my promise to create a Home-made Instrument and Worship Tool Book for you to use with your children in choir or worship.

I am a real believer in hands-on activities with children. There is an old Chinese Proverb that says, "I hear...I forget, I see...and I remember, I do...and I understand." I really like that saying because I believe God wants us to experience complete worship...mind, body, and soul. When we put a worship tool in the hand of a child we create a way for even the non-singer to experience the blessing of worship. God has given me so many worship ideas though out the years that I have shared with you at conferences and seminars. I have promised many times that I would compile these ideas in a user friendly form so you can utilize them easily with your children. Praise the Lord and thanks to much help, I have this first edition ready for you.

Things to remember...

These worship tools are not a craft you should send home immediately. You should use them in worship with your children many times. Thus, begins your life of storage tubs.

Remember to have the children mirror your movements!

Boys especially enjoy hands-on experiences in music.

Use boy-friendly terminology to label worship tools...no "pom poms."

Move to the beat! These hands-on resources will enhance your worship experiences with your children.

Classroom control is a great benefit of hands-on activities!

If the child is misbehaving with their worship tool, take immediate action. Say to the child, "Your worship tool is misbehaving and must go to time-out." Take the

worship tool and place it in a "Time Out Box" you have created or a "Time Out" labeled area. Leave the Instrument or worship tool there for...

15 seconds—Preschool

1 minute—1st Grade

2 minutes—2nd Grade

3 minutes—3rd Grade

4 minutes—4th Grade

5 minutes—5th Grade

Double the time for repeat offenders.

Remember, to only correct the item...not the child. Suddenly, you will see your children become more responsible and willing to stay on task in your choir or worship setting because **THEY ALL WANT TO HOLD A WORSHIP TOOL OR HOMEMADE INSTRUMENT.**

Begin your tub life today...I have many, many tubs of worship tools and home-made instruments. Teach your children with hands-on methods and your choir will truly become the best it can possibly be...a worship event for your children and for you!

God bless YOU and thanks for working for the Lord with children. You are making a real difference in the world.

I love each and every one of you!

Living for Jesus!

Pam Andrews

PS Remember you can contact me at PamAndrewsMusic.com or at PamAndrewsMusic@comcast.net.

Sandpaper Banjos



Needs

1 Paper or Plastic plate or Cake Round
Paint Stir-Stick
Duct Tape
Sandpaper
Hot glue gun and glue sticks
Yarn or string

Directions

Cut a piece of sandpaper to fit the center of the cake round or plate and a four inch square. Fold the square piece of sandpaper in half and place the end of the string or yarn in the fold. Hot glue the string to secure it and glue the folded sandpaper together to finish your "pick." Tape the top half of the yarn or string to the front of the plate then hot glue the circle of sandpaper to the cake round or plate. Note: go easy on the hot glue if you are using plastic plates. Secure the paint stick on the back of the cake round or plate with duct tape. Make sure you turn any writing on the paint stick to the back. When storing the sandpaper banjos, remind the children to wrap the yarn around the "neck" of the banjo to avoid tangling.

How can I use this in my choir?

These Sandpaper banjos are fun for all ages. When you stroke the banjo sandpaper with the sandpaper pick it will actually make a sound. Have the children pretend to be a praise band and play along with their favorite song.

Homemade Sticks



Needs

3 Foot, 1 Inch Dowel Rods

Saw

Sandpaper

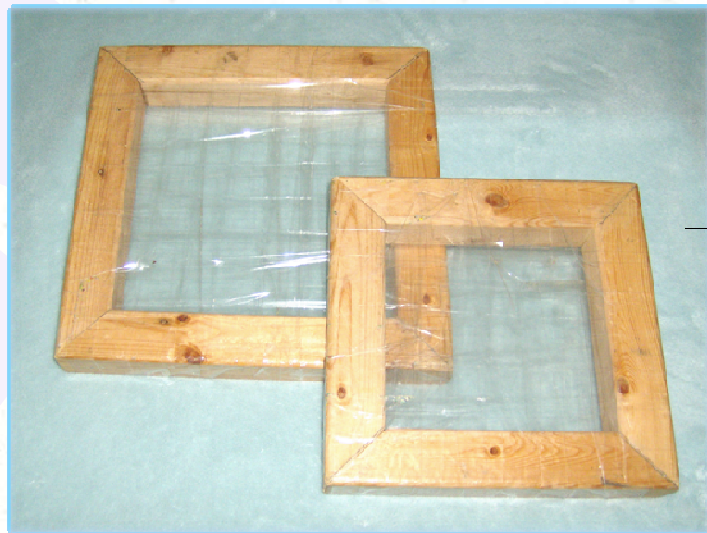
Directions

With a saw, cut dowels into 12 inch pieces. Sandpaper the ends to remove any rough edges.

How can I use this in my choir?

These are fantastic rhythm sticks. Sticks are a great addition to a kid praise band. The children can hit the sticks together to create a rhythm accompaniment to a praise song or they can beat a drum. Praising God with sticks can be great fun for children!

Packing Tape Drums



Needs

2" x 2" or 2" x 4" Pieces of Wood at Least 4' in Length

Nails

Hammer

2 Rolls of Clear Packing Tape

Directions

Have a dad or someone handy with wood, create square 12 inch frames made from 2" x 2"s or 2" x 4"s. (Picture frames can be substituted.) Securely nail the frame together. Allow the children to wrap the frame with clear packing tape. You may want to help them get started to make sure the tape is very tight. Wrap in both directions ...horizontally and vertically until the entire frame has been wrapped. If you have the wood, make frames of various sizes.

How can I use this in my choir?

A Packing Tape Drum is another awesome worship instrument. Every child enjoys playing the drums. Creating this instrument is great fun and the resulting drum may be used to play along with any praise song. My Packing Tape Drum has been all over the world having been used for many mission trips. I have different sizes which emit different pitches when played.

Oatmeal Drums



Needs

1 Empty Oatmeal Container
Wrapping Paper
Colorful Tape
36 Inch, ½ Inch Dowel Rod
Sandpaper

Directions

A Packing Tape Drum is another awesome worship instrument.

An Oatmeal Drum is both easy to create and very functional for children. Begin simply with an empty oatmeal container. Cover the outside with wrapping paper or construction paper. Tape the covering in place. You may want to allow the children to decorate the outside of the drum with bright colored tape or crayons. Cut 12 inch sticks from a 36 inch dowel rod. Remember to sandpaper the rough ends of the sticks to avoid splinters. Allow the children to also decorate the sticks with bright colored tape.

How can I use this in my choir?

Oatmeal Drums are lots of fun for the children. You could add yarn to hang the drum on the child so they can march and play. Whether they pat the drums or use sticks, drums are always a favorite of children. Accenting the heartbeat of a song reminds us that with Jesus we have his heartbeat inside us.

H Y M N S

Rock

... high energy music activities for
children encouraging steady beat

Created by
Pam Andrews and John DeVries

PA 707CD

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- 1** **Classical Medley**
Joyful, Joyful, We Adore Thee... A Mighty Fortress... Glorious Things of Thee Are Spoken...
Be Still, My Soul... We Are God's People... For All the Saints... Halleluia Chorus
- 2** **March Medley**
We're Marching to Zion... Stand Up, Stand Up for Jesus... Onward Christian Soldiers...
Take My Life and Let It Be... Lead On, O King Eternal... Standing on the Promises...
All Hail the Power of Jesus' Name
- 3** **Holy Medley**
Holy, Holy, Holy... Fairest Lord Jesus... I Surrender All...
It Is Well With My Soul... Amazing Grace
- 4** **Mambo Medley**
We've a Story to Tell to the Nations... Send the Light... In Christ There is No East or West...
Since I Have Been Redeemed... Savior Like a Shepherd Lead Us
- 5** **Hip Hop Medley**
Jesus Loves Me... Jesus Loves the Little Children... What a Friend We Have in Jesus...
Count Your Blessings... Glory to His Name... Peace Like a River
- 6** **World Medley**
Jesus is All the World to Me... Redeemed...
I Will Sing of My Redeemer
Grace Greater Than All Our Sin...
I Must Tell Jesus... O How I Love Jesus

Created by Pam Andrews and John DeVries
www.pamandrewsmusic.com

PA 707CD

Welcome to “**H**YMN**S** **B**OCK.” This product is an excellent way to teach steady beat to children. There is a prominent steady beat in each medley, which helps the children feel the heartbeat of the music. Adding movements or percussion instruments enhances the pulse of the music and is both fun and educational for every child. Here are some examples of movements you can do to reinforce steady beat.

Younger Children . . .

Try to maintain parallel motion with hands or instruments. The children could pat their knees, pat their knees while alternating legs, pat their head, pat the floor, pat their legs, then their shoulders.

Older Children . . .

Older Children can alternate movement with their hands and legs. They can clap to a steady beat while moving. Older children can add steps.

With each medley, you will find activity examples . . . Movement, Hands-on, and Props. These are simply suggested ideas for each medley. Be creative. Make up your own. Use more than one prop in a medley. Combine movements to give that activity variety. Have fun. You will be reinforcing steady beat and getting out loads of wiggles in the process. God bless YOU as you enjoy “**H**YMN**S** **B**OCK!”

Classical Medley . . .

Movement Activity—Maintain steady beat by patting different parts of your body in parallel motion.

Hands-on Activity—Stand in a circle and pass a Bible to a steady beat. (You may want to pass more than one Bible.)

Props Activity—Create two pom-poms for each hand using tape, crepe paper and a stick. It would be nice to have two different colors of pom-poms. Shake the pom-poms in various directions always maintaining steady beat. This activity can be combined with the Movement Activity.

Joyful, Joyful, We Adore Thee (Music by Ludwig van Beethoven) . . . A Mighty Fortress (Music by Martin Luther) . . . Glorious Things of Thee Are Spoke (Music by Franz Joseph Haydn) . . . Be Still My Soul (Music by Jean Sibelius) . . . We Are God’s People (Music by Johannes Brahms) . . . For All the Saints (Music by Ralph Vaughan Williams) . . . Hallelujah Chorus (Music by George Frederick Handel)

March Medley . . .

Movement Activity—Maintain steady beat by marching in a circle. It is also fun to make pathways on the floor to follow. March big and small. March loud and soft. Marching is a great way to reinforce steady beat.

Hands-on Activity—Maintain steady beat by playing sticks on chairs. The sticks can simply be pencils or cut dowel sticks (12 inches in length). Play all portions of the chair including the floor maintaining steady beat.

Props Activity—Create two flags for each hand using tape, construction paper and a stick. It would be nice to make the flags two different colors. Wave the flats in various directions, always maintaining steady beat. This activity can be combined with the Movement Activity.

We're Marching to Zion (Music by Robert Lowry) . . . Stand Up, Stand Up for Jesus (Music by George J. Webb) . . . Onward Christian Soldiers (Music by Arthur S. Sullivan) . . . Take My Life and Let It Be (Music by Henri Cesar Malan) . . . Lead On, O King Eternal (Music by Henry T. Smart) . . . Standing on the Promises (Music by R. Kelso Carter) . . . All Hail the Power of Jesus' Name (Music by Oliver Holden).

Holy Medley . . .

Movement Activity—Maintain steady beat by using swaying movement. Sway your body or hands or arms. Use flowing movements.

Hands-on Activity—Maintain steady beat by raising and lowering shimmer material. (Shimmer material is material that is very sheer and lightweight and should be approx. 6 to 8 feet in length and 3 to 4 feet wide.) This activity is best accomplished with a partner. Each person holds the material at opposite ends. They then raise and lower the material to the beat. It is fun to have several colors of material and several partners so you can make teams and cross colors.

Props Activity—Create a streamer by using either crepe paper or ribbon. Wave the streamers in circles to the front, sides, and back of your body, always maintaining steady beat. This activity can be combined with the Movement Activity.

Holy, Holy, Holy (Music by John B. Dykes) . . . Fairest Lord Jesus (Music, Folk Melody) . . . I Surrender All (Music by Winfield S. Weedon) . . . It Is Well With My Soul (Music by Phillip P. Bliss) . . . Amazing Grace (Music, Traditional)

Mambo Medley . . .

Movement Activity—Maintain steady beat by rolling arms in front of your body. Roll your arms right then left. Roll your arms high then low. It would be nice to add a step touch movement with your feet. Combine these moves to create a mambo line.

Hands-on Activity—Maintain steady beat by passing cups to the beat. Sit in a circle on the floor and give each person a cup. (Inexpensive plastic cups can be purchased at a local discount store. Pass the cup by placing the open end on the floor in front of the next person. This will create a popping sound (For younger children you may only want to use one cup and all the other children to simply mimic the move.

Props Activity—Create maracas by placing ½ cup of dry beans in an empty plastic soda bottle. Shake the maracas to the right and left of your body, always maintaining a steady beat. This activity can be combined with the Movement Activity.

We've a Story To Tell To the Nations (Music by H. Ernest Nichol) . . . Send the Light (Music by Charles H. Gabriel) . . . In Christ There is No East or West (Music by Alexander R. Reinagle) . . . Since I Have Been Redeemed (Music by Edwin O. Excell) . . . Savior Like a Shepherd Lead Us (Music by William B. Bradbury)

Hop Hop Medley . . .

Movement Activity—Maintain steady beat by clapping hands in front of your body. Clap your hands in circles. Clap them out and in and high and low. You may want to add a step-touch to this activity. It would also be fun to add everyday movements. Pretend to drive a car, swim, jump rope, dig, climb, etc. Just maintain a steady beat.

Hands-on Activity—Maintain steady beat by performing a hand jive. Pat your knees twice, swish left hand over the right hand twice, swish right hand over left twice, pound left fist on right fist twice, pound right fist on left fist twice, right hand pats left elbow twice and left hand pats right elbow twice.

Props Activity—Create Plastic plate tambourines by stapling two platters together with a few dry beans enclosed. It would be great to decorate the tambourines with colorful streamers to make the movement more fun. Maintain steady beat by tapping the tambourine on the opposite hand and other parts of your body. This activity can be combined with the Movement Activity.

Jesus Loves Me (Music by William B. Bradbury) . . . Jesus Loves the little Children (Music by George F. Root) . . . What a Friend We Have in Jesus (Music by Charles C. Converse) . . . Count Your Blessings (Music by Edwin O. Excell) . . . Glory to His Name (Music by John H. Stockton) . . . Peace Like a River (Music: Traditional)

World Medley . . .

Movement Activity—Maintain steady beat by a circle movement. Everyone should hold hands and do the following movement: 4 steps in, 4 steps out, 4 steps right, 4 steps left, raise arms slowly for 8 beats, lower arms slowly for 8 beats, sway right and left.

Hands-on Activity—Maintain steady beat by bouncing a ball to the beat. Form partners and pass the ball to the beat. Finally, form a circle and pass or bounce the ball to various people keeping the steady beat. (For older children, use more than one ball.)

Props Activity—Maintain steady beat by the use of hula-hoops. (This will emphasize the world concept.) Attach ribbons to the hoops and wave them over your head to the beat. You might also like to pass the hoop to the beat. This activity can be combined with the Movement Activity by placing a hoop between each person raising the hoops as you walk into the circle and lowering the hoops as you walk out.

Jesus Is All the World To Me (Music by Will I. Thompson) . . . Redeemed (Music by William J. Kirkpatrick) . . . I Will Sing of My Redeemer (Music by James McGranahan)
Grace Greater Than All Our Sin (Music by Daniel B. Towner) . . . I Must Tell Jesus
(Music by Elisha A. Hoffman) . . . O How I Love Jesus (Music: Traditional)

To contact Pam Andrews Music:

Email: PamAndrewsMusic@comcast.net

Website: PamAndrewsMusic.com

Phone: (615) 822-6606